



# Dharma Soup

Notes from Karida

## El Morro Buddhist Sangha

New Mexico, April, 2010

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Our next meeting on Tuesday the 20<sup>th</sup>. of April will focus on an introduction to the new book, Evocation of the Bodhisattva Kuan Shih Yin: Karida Buddhist Sangha Book of Recitations. This new book, completed last winter, will replace our old book used for monthly meetings for nineteen years without revision.

The old books were finally wearing out. Most of the contents of the new book will be familiar. However, the order of the recitations for our evening meetings has been changed, a couple of things deleted, and several new items added. Several people from Kansas, Arizona, and Nevada were involved in the revision plus from the El Morro Sangha Reed Anderson helped in the final review and made a number of well taken suggestions.

People who attend our meetings for the first time quite often ask why we chant sutras. In our new book, on the first page, this question is addressed "up front." It's a quick read for visitors and a good reminder for all of us. Feeling that this is important I have excerpted it from the new book as follows:

-Roger

### Why do we chant these recitations?

For over two thousand years, chanting, or recitation of the sutras, either by individuals or in groups, has been closely associated with Buddhist spiritual practices. Here are some of the reasons why we do this today:

**For a few moments we connect, back through time, with the millions of others who have chanted the same sutras. This reinforces our awareness of our interconnectedness through time and space.**

**Through sound, we celebrate, with those around us, an outward manifestation of community (Sangha).**

**Our chanting becomes a meditation focus for calming our unruly minds.**

**Repeating these recitations with understanding, in our own language, is a pleasant way to absorb some of the basic teachings of the Buddha.**

**Our focus on the Bodhisattva Kuan Shih Yin is a way to evoke and grow our own Buddha Nature in the form of Compassion.**

I have love for the footless,  
for the bipeds too I have love;  
I have love for those with four feet,  
for the many-footed I have love.

Añguttara Nikāya 4.67 Words of the Buddha

**2010 SCHEDULE OF MEETINGS  
REVISED & UPDATED (AS OF APRIL)**

**Apr. 20 (Tues.)** 7-8:30pm Regular meeting,  
Introduction to Evocation of the Bodhisattva  
Kuan Shih Yin: Karida Buddhist Sangha  
Book of Recitations ..... Trading Post

**May 15 (Sat.)** CANCELED This has been  
moved to be part of the content of the  
workshop on Oct.16.

**May 18 (Tues.)** 7-8:30pm Regular meeting,  
Evocation of Kuan Yin, Dharma study  
(outside).....Trading Post

**June 19 (Sat.)** 7-8:30pm Summer Solstice  
Seder vegetarian potluck, music, A  
celebration of the Buddhist concept of  
“interconnectedness” as seen through  
“Telling” the story of the diverse sources of  
some of our local foods  
(outside) .....Trading Post

**July 20 (Tues.)** 7-8:30pm Regular meeting,  
Evocation of Kuan Yin, Dharma  
study.....Timberlake Ranch Rock Room

**Aug. 21 (Sat.)** 2-5pm Flower arranging work  
shop. Two styles: Ikebana and Chabana.  
Flower arrangements will be posted on the  
Karida web site.....Old School Gallery

**Aug. 24 (Tues.)** 7-8:30pm Regular meeting,  
Evocation of Kuan Yin, Dharma  
study .....Trading Post

**Sept. 21 (Tues.)** 7-8:30pm Regular meeting,  
Fall Equinox Evocation of Kuan Yin, Dharma  
study.....Timberlake Ranch Rock Room

**Oct. 16 (Sat.)** 2-4pm Journey of the Heart:  
Meditations with Kuan Yin workshop.  
Guided imagery with Roger Irwin plus visual  
journaling by Lucia Amsden and Fran  
Anderson .....Old School Gallery

This year there is an attempt to schedule meetings and workshops in several different places in the hope that doing so will make it more convenient for some.

**Oct. 19 (Tues.)** 7-8:30pm Regular meeting,  
Evocation of Kuan Yin, Dharma  
study .....Timberlake Ranch Rock Room

**Nov. 23 (Tues.)** 7-8:30pm Regular meeting,  
Evocation of Kuan Yin, Dharma study (last  
meeting of the year) .....Trading Post

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**TAI CHI**

**(At Old School Gallery)**

**Sundays, 9:30am join Reed and Fran  
Anderson for abbreviated Wu style  
movement and basic Wah Mountain  
breathing discipline. Easy for beginners.  
Call Reed or Fran for info at 783-4067.**

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If you haven't done it yet, check out:  
[www.karidasangha.net](http://www.karidasangha.net)

If it pleases you, light a candle.  
It will burn for 48 hours.



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